



Wellness Passport

My name is:

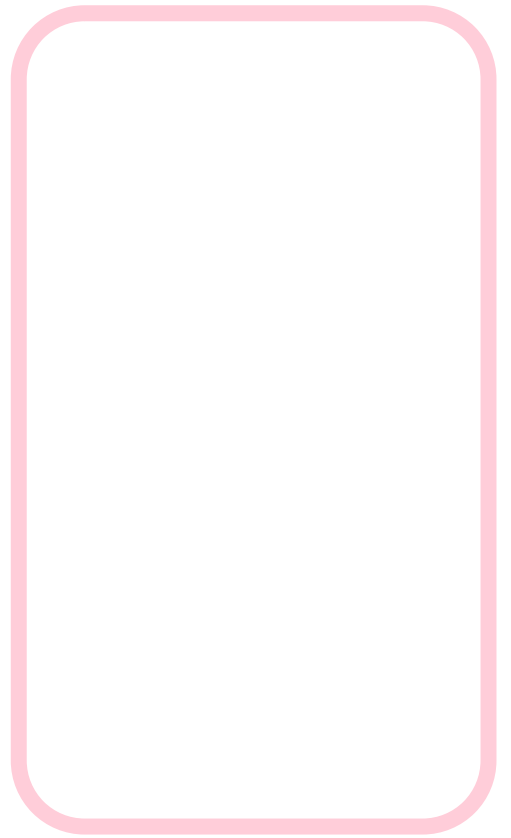
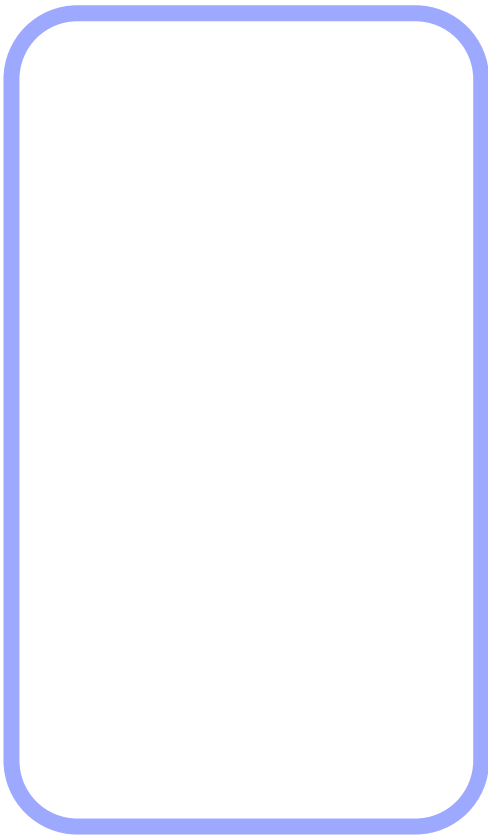


Add a photo or a drawing of yourself here

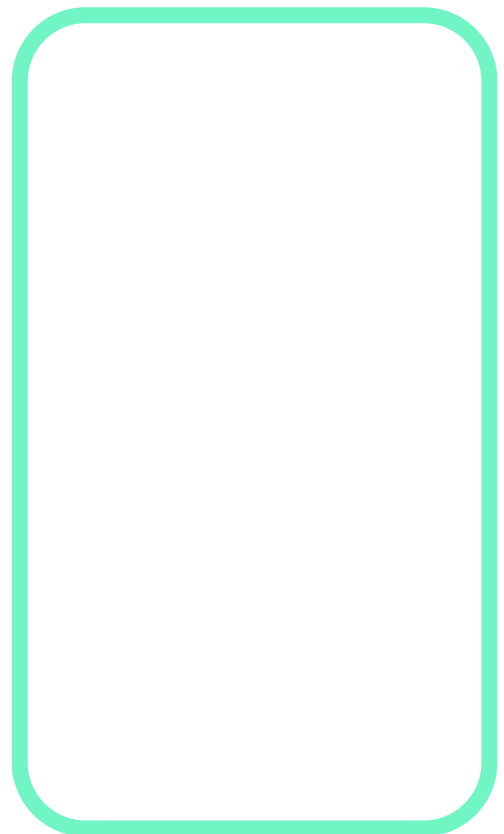


Things I enjoy...

I find it difficult when...



Signs for you to look out for...



Things I can do that will help me...

What you can do to support me...